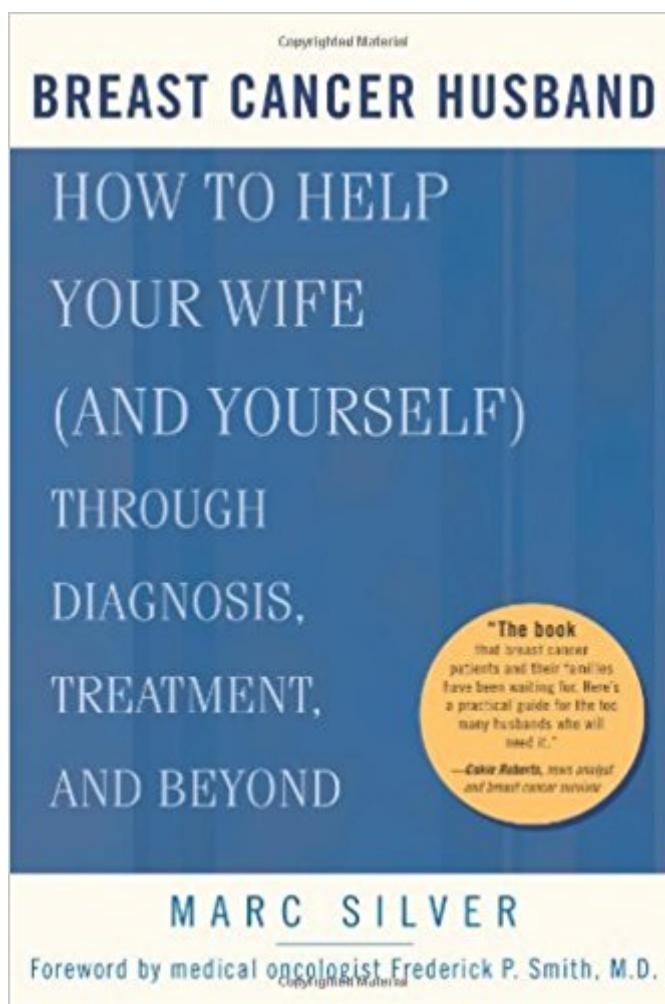


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# Breast Cancer Husband: How To Help Your Wife (and Yourself) During Diagnosis, Treatment And Beyond



## Synopsis

A unique guide, like none other on the market-packed with medical information, practical tips, psychological insight, and coping strategies-to help men help the women they love through this trying time. When Marc Silver became a breast cancer husband three years ago, he learned firsthand how frightened and helpless the breast cancer husband feels. He searched in vain for a book that would give him the information and advice he so desperately sought. Now this award-winning journalist has compiled just the kind of emotionally supportive and useful resource that he wished he had been able to consult-to give men the tools they need to help their wives, their families, and themselves through this scary, uncertain time. In his years as a consumer journalist and veteran of the News You Can Use staff at U.S. News & World Report, Marc Silver learned what kind of information and advice on medical crises readers found most valuable. He draws on that experience as he covers in depth all the issues couples coping with breast cancer will have to face during diagnosis, treatment, and beyond. Highlights include: - The shared experiences of other breast cancer husbands- Guidance from top cancer doctors in the country- Advice on when, how, and what to tell your young children- Tips on coping with radiation and chemotherapy - A candid discussion of sex and intimacy following breast cancer surgeryMore than 200,000 women are diagnosed with cancer each year in the United States. At last, with this book, the men who love them have a road map to help them through a difficult and unprecedented journey.

## Book Information

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## Customer Reviews

Silver, an editor at U.S. News & World Report, speaks encouragingly in this heartfelt, useful guide for men whose wives or girlfriends have been diagnosed with breast cancer, as was his wife, Marsha, in 2001. Silver, who consulted with surgeons and oncologists for this book, first helps readers deal with the diagnosis, addressing men's stereotypical reactions (usually saying little, followed by overbearing urges to fix the problem), then advising them how to behave (ask questions and, more importantly, listen). He nicely interweaves comments from men and women who have gone through breast cancer diagnosis, setting them off with pull quotes and how-to sidebars such as "Husbanding Her Energies" and "Caring for the Caregiver." His advice is simple and sound: rather than saying "Cheer up, honey, the doctor said things aren't that bad," Silver recommends, "Is there anything I can do to make you feel better?" He discusses the surprisingly numerous cases in which men have left their spouses, discusses the importance of wives having an "appointment pal" and advises on explaining cancer to children. Silver also smartly examines the various treatments and suggests ways for readers to find sexual intimacy after mastectomy. This guide is an invaluable complement to Dr. Susan Love's Breast Book and John Link's The Breast Cancer Survival Manual.

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âœHusbands and partners are usually the odd men out in books on breast cancer. Silver, an editor at U.S. News & World Report , didn't know what to do when his wife was diagnosed. Finding no books specifically from his perspective, he decided to write one. Gleaning information from medical professionals and other men in his position, he created a helpful guide that covers all manner of providing support, even down to instructions for washing a woman's hair while she has drains in place. Silver's Husband is funny, tender, and rock-solid.â • â • Library Journal

This book is very helpful to any man who's wife as been diagnosed with breast cancer. It focuses on managing your new roles as a breast cancer husband. While a few of the anecdotes are somewhat dated, people (and our emotions) remain very much the same. For the most up to date technical information look elsewhere. But for solid, practical advice on how to support your wife in this unwanted battle against breast cancer, this book is highly recommended.

To all the husband's with a wife with breast cancer, you should read this book. For all the husbands with a wife without breast cancer, you should read this book too; that way you don't make the mistakes and fumbles that so many of us husbands do when you first those words..."I have cancer." Nothing can prepare you for that moment or the days that follow, but this book gives you a head

start and a peak behind the curtain into what so many husbands, boy friends, and fiancÃ©s experience weekly when that Doctor reveals your worse fear. It's a great read from what to expect through the various stages of breast cancer.

I needed a book that was clear, understandable, and human. I was diagnosed with breast cancer just one month after becoming engaged. My future husband is not an avid reader, but I needed for him to have a clear picture of what he was taking on. This author has a great sense of humor while imparting the harsh realities of living with this disease from a partner's perspective. From a patient's perspective, I can tell you that he nailed it, and doesn't shy away from talking about some of the impacts and life-changing realities that your doctors will likely not mention to you or your spouse. Remember the loved ones in your life who are living the nightmare with you. They need care and understanding support on this journey too. This book pays tribute to that and gives them another weapon in their arsenal to help you fight.

The book details how a man should act to get his spouse through her cancer. As a survivor, I feel that it is a great guide to what I would have liked my husband to do. It validated how I felt and it was an objective reference that helped me to understand where a man is coming from. Lastly, it spelled out what a husband's role is during the process.

It is devastating to get the news for the first time, and you want answers now! When my wife was diagnosed with stage IV metastatic breast cancer, and I did not know what to do, who to believe, or how to help my wife. Please get this book, it helped a lot. Things move very fast after the first diagnosis, and you need the information now. NOTE: I ordered this on Kindle to get instant response. I messed up my Kindle order (never used Kindle before) but they were kind enough to help me out until I got it. NOTE: [...] helps a lot too! NOTE: be careful about who you tell at work. You may want to tell only your boss with confidentiality. Work is about competition and performance, not so much about empathy. I pray that you and your wife get the response you need, and the peace that only God can provide.

I just want to say that this book helped me tremendously. It gave me insight into what my wife was going through and also what I was going through. I hope that none of you have to read this book but if you do you will be glad you did. I think the only thing this book got wrong was when it said that radiation would be the easiest. It was the worst but then again that depends on your wife's treatment

plan. My wife did Chemotherapy first, surgery and then radiation which in my opinion should be what I would recommend to anyone. The results were fantastic! Also don't take the advice of the first doctor you see. We went to 3 doctors, the first two doctors we saw told us she had one large mass and wanted to do surgery right away. The third doctor found 7 masses in addition to the large mass the first two doctors found.

I read this before giving it to my Dad who needed a little help in the caretaker position! My mom needed more help than him going to work to provide the insurance!(He thought that was what she needed) Poor guy didnt have a clue what she was going through, but NOW he does, thanks to his lovely, helpful daughter and this BOOK! LOL lets just say there where a few hundred sticky notes hanging out of it when he got it, just little notes of where I thought he needed to read to help her out! :) It wasnt his fault, she has just been taking care of everybody her whole life and he didnt know what to do, but I loved the book because it hits all types of personalities of the women that are going through this and yet gently lets the men know that their women need them in alot more ways than one at this point in their life!

Wish we didn't need this but we do. Our son says it is very helpful, not from a medical standpoint but from an anecdotal, story-telling perspective of what he will face. He is at the beginning of this journey so he found some comfort in the words of a man who has been there.

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